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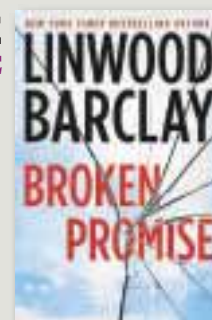
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# Winnipeg metro

EXCLUSIVE EXCERPT  
FOUR DAYS OF BROKEN PROMISE  
metroLIFE



Your essential daily news | MONDAY, JULY 27, 2015

High 31°C/Low 22°C Mainly sunny



## Master builder builds Master Yoda

Lego master builder Paul Chrzan puts the finishing touches on an eight-foot-tall Yoda at Polo Park Shopping Centre on Sunday afternoon. But the Jedi Master was short-lived; he was dismantled Sunday night. Story in metroNEWS. ELISHA DACEY/METRO

## X-rated chat spurs changes

LAW ENFORCEMENT

### Police tweak PA system after accidental broadcast



Elisha Dacey  
Metro | Winnipeg

The crew members whose naughty conversation in a Winnipeg police helicopter was accidentally broadcast for all to hear last month will not face disciplinary action.

The decision follows a police review of the incident that saw Winnipeggers take to Twitter to report the conversation, which reportedly included talk of oral sex and plenty of salty language during a routine flight on the night of June 22.

Police apologized the following day, saying Air 1's PA system had been accidentally activated during the flight and the crew members were unaware their conversation was being broadcast.

Police said the three crew members aboard the chop-

per will not be disciplined because it was not a deliberate act.

That didn't sit well with Monica Santorina, 28, when talking with Metro at The Forks on Sunday.

"These people are supposed to be role models. You're not much of a role model if you're talking about sex and blow jobs at work."

But Kelly Harrison, 33, said most people found it funny.

"Those guys, they have to live with it now for the rest of their careers... That's punishment enough."

The review showed that a number of pieces needed to fall into place for the PA system to have been activated, according to police, and measures have been taken to make sure it doesn't happen again.

The measures include changes to the aircraft's wiring system and a modification to the switch that activates the PA system.

The incident brought a lot of media attention, and as a result, authorities say a police service from another jurisdiction that had experienced a similar situation helped the force here fix the issue.



# Program works to keep Ojibwe language alive

## EDUCATION

**Manager says it's the only known urban, adult camp**



**Dave Baxter**  
Metro | Winnipeg

For Dawnis Kennedy, learning to speak Ojibwe is about so much more than just picking up a language.

"I want to be who I was born to be," said 38-year-old Kennedy, who is of Ojibwe decent.

"And without the language, how do I understand that and see that?"

Kennedy spent last week in the Language Immersion Camp at the University of Winnipeg's Wii Chiiwaakanak Learning Centre.

The week-long program taught Ojibwe language skills in a classroom but also had participants go out and do activities while speaking the language.

Kennedy's grandparents spoke the language when she was a kid but she didn't learn it well enough to speak it, which was difficult for her.

"I'd stay up at night and listen to them speak the language and I loved the sound of it and dreamed of being able to speak



**Language Immersion Camp instructor Jason Parenteau, centre, helps out Holly Monkman, left, and Dawnis Kennedy as they learn the Ojibwe language.** DAVE BAXTER/METRO

it. This is a way to bring full meaning to my life and bring me even closer to my culture."

Wii Chiiwaakanak Learning Centre manager Jarita Greyeyes believes the program broke new ground.

"This is the first time we know of an adult Ojibwe immersion

program offered in an urban setting," said Greyeyes, who noted people came from all over Manitoba and even from the U.S. to take part.

The program saw participants do activities such as jiu jitsu, yoga classes and learning about plants and animals at Assini-

boine Park — all while speaking the language.

"We learn the language but then we go out and we use it," said Greyeyes.

Greyeyes is also encouraged that young people participated; she said it's important for youth to know the language as a way

to keep it alive for future generations.

The program was offered for free thanks to funding from the Dr. Tobasonakwut Kinew Fund for the Promotion of Indigenous Culture, History and Language as well as the Department of Canadian Heritage.

## IN BRIEF

### **Sarah McLachlan to replace Sinéad O'Connor**

Canadian songstress Sarah McLachlan is stepping in to replace Sinéad O'Connor as Interstellar Rodeo's Friday-night headliner in Winnipeg.

"This is our first Interstellar Rodeo in Winnipeg; we want to demonstrate to present and future audiences how dedicated we are to making this festival something Winnipeggers love and can be proud of year after year," said festival producer Sara Stasiuk in a release.

Festival organizers said Friday-night-only ticket holders who are not happy about the lineup change will be issued a refund, but refunds will not be given to weekend pass holders. METRO

### **Online security-guard training now available**

People who want to become security guards can now learn the skills online. Manitoba Justice announced Friday it has launched a new online version of its security-guard training program.

The Manitoba Security Guard Training Program is the required standard for people working as security guards. It addresses things like patrolling, handling bomb threats, responding to fires, writing reports, standards of professionalism and conduct and the proper use of a citizen's powers of arrest. METRO

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# Stolen dump truck destroys woman's garage after chase

ST. VITAL

## Man facing a long list of charges



**Shane Gibson**  
Metro | Winnipeg

An entire block was left without power and a woman's garage is completely destroyed after a police chase involving a stolen dump truck ended with a crash in a back lane of a normally quiet neighbourhood.

Ken Hart tells Metro he was in his home in St. Vital around 2 p.m. Thursday when he heard sirens followed by a "real loud bang" in his back lane.

"The whole house shook," said Hart, who went out his backdoor to discover that a dump truck had slammed into a hydro pole at the end of the lane, knocking it over onto his neighbour's garage.

"I saw a guy running out of the truck; the policemen were after him with their guns out and they had two dogs ... who caught him

just across the street."

Police say they were called after a man hopped into a running dump truck near Dudley Avenue and Hugo Street and took off with it.

Hart said officers told him the truck had been equipped with a GPS unit, which allowed police to quickly track it down, but the thief didn't stop. Hart said officers told him the man damaged a number of parked vehicles before finally crashing into Helia Andrade's garage.

"I'm just glad my grandkids weren't over, because they were playing in the backyard the day before," said Andrade, who was at work at the time of the crash.

"They called me at work and said I had to get home right away — 'Somebody smashed into your garage' — and I thought it was just a little thing ... but it's like 'ka-boom' back there."

Andrade said the garage is a write-off and she's waiting for her insurance company to do an inspection to find out how much of its contents can be salvaged.

A 29-year-old man is facing a long list of charges.



A garage in the back lane of Ellesmere Avenue was completely flattened when a police chase involving a stolen dump truck ended in a crash Thursday afternoon. SHANE GIBSON/METRO

MISCHIEF

## Police arrest man over bomb threat

A Winnipeg man has been charged with mischief after an alleged bomb threat from a pay phone.

Police say a caller on Friday morning told them a business in the city's downtown would be "bombed out" on the weekend.

They say he then hung up. Police say they were able to

track down a suspect based on descriptions from witnesses who said they saw a man using the phone.

Michael Randolph Parks, 64, was detained by police.

Businesses were told about the threat, but no suspicious packages were found.

THE CANADIAN PRESS

### IN BRIEF

#### Manitoba Hydro gets approval to raise rates

Manitoba Hydro has been given approval to raise consumer rates by almost four per cent.

The Public Utilities Board says the rates will go up on Aug. 1.

The Crown-owned utility says part of the increase will help pay for its operations and part will help pay for the Bipole III electricity transmission project.

Bipole is a \$4.6-billion project that will bring power from northern generating stations to homes and businesses in southern Manitoba and for export.

Manitoba's Progressive Conservative opposition says the rate increase is a direct result of the NDP government's mismanagement of the utility and its major projects.

THE CANADIAN PRESS

#### Province's first West-Nile-infected mosquitoes found

Health officials say the province's first West-Nile-Virus-infected mosquitoes of the summer have been found in a trap in Portage la Prairie.

A release said the infected mosquitoes were collected during the week of July 12. It says no human cases of the virus have been identified in the province this summer.

While most of the mosquitoes caught in traps continue

to be nuisance mosquitoes, which do not transmit the virus, the province says Culex tarsalis mosquitoes, which can carry the virus, have increased since July 12 in several communities in southern Manitoba.

Manitobans are reminded to reduce their risk by using mosquito repellent, wearing light-coloured clothing and reducing the amount of time spent outdoors during dusk and dawn. METRO



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# Park to be named for activist Malala Yousafzai

## EDUCATION

### Teen thanks city, council and Pakistani business group

Winnipeg councillors and the Pakistani community plan to name a park in the city after Malala Yousafzai, the 18-year-old human rights advocate who was awarded the Nobel Peace Prize last year.

Two members of the Pakistan Business Association approached St. Vital councillor Brian Mayes to name a public space after a Pakistani figure, and after a few years of planning, a place and name was chosen.



**It's a great recognition of the lady's courage and also the cause.**

Abar Hussain Hashmi,  
Pakistan's high commissioner

Malala Park would be near the southern end of Paddington Road in River Park South.

Mayes said it's appropriate that it's a children's park, given that Yousafzai stood up for education rights for girls in her country.

Anis Khan with the Pakistani Business Association hopes the park, which will need to be approved by city council at a vote in mid-September, will inspire youth and spread word of Yousafzai's story.

Yousafzai has sent a video message thanking Winnipeg, city council and the Pakistan Business Association.



Winnipeg city councillors and the Pakistani community plan to name a park in the city after Malala Yousafzai.

RUI VIEIRA/ THE CANADIAN PRESS/AP

"I'm hopeful that we will be able to bring change in society, but we can do that when we come together. Thank you so much," Yousafzai said in her message.

She also said it was a great honour to have a park in Can-

ada named for her.

Yousafzai began pushing for girls' right to education in her homeland as a preteen, pushing back against a Taliban ban on females attending school.

When she was 15, she was shot in the head by the Taliban

for her activism.

A United Nations envoy launched a petition in her name that helped lead to the ratification of Pakistan's first Right to Education Bill.

"It's a great recognition of the lady's courage and also

the cause. And the cause is very noble," said Abar Hussain Hashmi, Pakistan's high commissioner. Yousafzai has received many international honours, and was made an honorary citizen by the Government of Canada. THE CANADIAN PRESS

## IN BRIEF

### Police recover stolen bike

A specially designed bike built for a person with disabilities reported stolen earlier this month from a home in St. Vital has been returned to its owner.

Police made a plea to the public Thursday for help finding the stolen bike, estimated to be worth \$2,500, and they said Friday it has since been recovered. METRO

### Young woman sexually assaulted in River Heights

Police have launched an investigation after a 19-year-old woman was sexually assaulted in River Heights early Friday.

The victim told police she'd just been dropped off near Niagara Street and Kingsway around 2:30 a.m. when an unknown man ran up to her and sexually assaulted her.

She said the suspect fled the scene on a small, dark-coloured BMX bike.

The suspect is white with pale skin, 25-35 years old, five-foot-four, with a thin to medium build. He has thin lips, pointy nose and chin, dark blond or strawberry blond facial hair, and a possible goatee. METRO

### Ohio man wanted for child porn arrested in city

An Ohio man wanted in the U.S. for allegedly distributing child pornography has been arrested in Winnipeg. Law enforcement in Ohio contacted the Winnipeg Police Child Exploitation Unit July 17 after a search warrant executed in Ohio found a "significant quantity" of child porn connected to a suspect thought to be in Winnipeg on business. David Eccles, 42, of North Olmstead, Ohio, is facing charges in the U.S. related to the possession and distribution of child sexual abuse imagery. METRO

### Man, three teens charged in Whyte Ridge break-ins

A man and three young teens face numerous charges after a car was stolen and property was pilfered from 11 separate garages and vehicles Whyte Ridge early Thursday. Police believe the four accused and a fifth suspect were responsible for 10 similar break-ins. A 20-year-old man, a 14-year-old boy and two 13-year-old boys face a number of property related charges. Police seek a 14-year-old girl who faces similar charges. METRO

## LEGO

# Kids help build eight-foot-tall Yoda at Polo Park



**Elisha Dacey**  
Metro | Winnipeg

Despite the fact the store has been open a few weeks, it's not official until visited by a Master Builder.

The Lego Store celebrated its grand opening over the weekend at Polo Park Shopping Centre, and kids of all ages helped turn the model-scale replica of Yoda into an eight-foot version of the Jedi Master.

"We want everyone to come

and help me do this, because I can't do this by myself," said Master Builder Paul Chrzan before construction began.

Yoda was constructed at Centre Court over the entire weekend and was finished Sunday afternoon. Helpers built "bricks" for Yoda's staff, cloak and skin, while Chrzan then constructed into the Star Wars character.

Mayor Brian Bowman joked about repairing some of the city's infrastructure with the famous tiny interlocking bricks at the opening, before noting

if 10,000 people asked Lego to design a set to build, they will consider it.

"I think the Canadian Museum for Human Rights is increasingly becoming a landmark, not just in Winnipeg, it's a Canadian landmark.

"Lego is a very powerful brand that has the ability to reach out across generations, across various countries, and what better icon for Canada than the Canadian Museum for Human Rights?"

People can submit their ideas to ideas.lego.com.



Master Builder Paul Chrzan poses with the 18-inch-tall Yoda, who was turned into an eight-foot-tall Yoda at Polo Park this weekend. ELISHA DACEY/METRO

# 'Uncertainty' worries Fahmy

EGYPT

## Canadian waits on Cairo court for its decision

Mohamed Fahmy's long-running legal battle is about to hit its climax.

A Cairo court is expected to deliver a verdict Thursday for the Canadian journalist being tried on widely denounced terror charges and as the day approaches, Fahmy is hoping for the best but bracing for the worst.

"In order to survive I have to think positively," he told The Canadian Press. "But the uncertainty is just horrible."

Fahmy was the Cairo bureau chief for Qatar-based satellite news broadcaster Al Jazeera English when he and two colleagues were arrested in December 2013.

They were charged with a slew of offences, including supporting the Islamist Muslim Brotherhood, a banned organization affiliated with ousted Egyptian president Mohamed Morsi, and with fabricating footage to undermine



Canadian Al-Jazeera English journalist Mohammed Fahmy listens to his lawyer Khaled Abou Bakr during his retrial in a courtroom of Tora prison, in Cairo, Egypt, on June 1. THE CANADIAN PRESS

the country's national security.

The trio maintained their innocence, saying they were just doing their jobs, but after a trial which was internationally decried as a sham, they were convicted and sentenced to prison terms. A successful appeal resulted in a retrial which is set



**I am a pawn in Egypt and Qatar's rift.**

Imprisoned Canadian journalist Mohamed Fahmy

to end this week.

Fahmy, granted bail in February after over a year in prison, is hoping for a verdict that won't send him back to prison, but notes his case is complicated.

"As much as we know we are completely innocent, we also know this trial is politicized and

that factors other than evidence are going to be game changers," he said. "I am a pawn in Egypt and Qatar's rift."

Egypt and Qatar have had tense relations since 2013, when the Egyptian military ousted Morsi amid massive protests. Qatar is a strong backer of

Morsi's Muslim Brotherhood and Cairo accuses the state-owned Al Jazeera of being a mouthpiece for Morsi's supporters — charges denied by the broadcaster.

Fahmy said there are a number of possible outcomes for him on Thursday — incarceration, a suspended sentence, a sentence that credits him for time already spent in prison, or a not-guilty finding, though he said "it would be naive" to expect one.

In his favour is the fact that a technical committee tasked with examining work by him and his colleagues found there had been no fabrication in their reporting. Fahmy also hopes his legal team convinced the judge he and his colleagues had nothing to do with the Muslim Brotherhood.

But evidence that Al Jazeera didn't have the necessary licences for its journalists in Egypt — which led Fahmy to launch a lawsuit against the broadcaster — is extremely worrisome, he said.

"I explained to the judge that we had no clue," Fahmy said. "I told the judge he should separate between the responsibilities of the journalists and the responsibilities of the network."

THE CANADIAN PRESS

## My Story

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**LEGO THE FORCE IS STRONG WITH THIS ONE...** Above: Lego Master Builder Paul Chrzan puts the finishing touches on an eight-foot-tall Yoda at Polo Park Shopping Centre in Winnipeg Sunday afternoon while a smaller Yoda statue watches on. Hundreds of kids, big and small, constructed "bricks" of Lego for Chrzan to use to put together the statue of the Jedi Master. Below: Chrzan holds up the smaller Yoda. ELISHA DACEY/METRO WINNIPEG

# Trailblazing MP dead at 89

FLORA MACDONALD

## Fellow Tories mourn former foreign affairs minister

Flora MacDonald, who served as a senior cabinet member in two Conservative federal governments and made a run for the party's leadership in 1976, has died. She was 89.

MacDonald's long-time executive assistant Margit Herrman says MacDonald died in Ottawa Sunday morning. The cause of death was not immediately available.

MacDonald was the first woman to hold the foreign affairs portfolio, handling the job in Joe Clark's short-lived government in 1979 and early 1980.

She headed the department during the Iranian hostage crisis when Canadian diplomats gave shelter to six Americans who escaped capture when their embassy was overrun by student demonstrators.

She was among the first to hear that Canada's ambassador in Iran, Ken Taylor, was hiding the diplomats. MacDonald pulled Clark out of the House of Commons to brief him.

Over following weeks, she and Clark worked to manage the carefully guarded secret and handle the rising tensions at home while overseeing plans to spirit them out of Iran, which occurred 79 days later.

MacDonald was born in 1926 in Cape Breton, Nova Scotia.

She was first elected to the House of Commons in 1972, after successfully running as the Progressive Conservative party candidate in the Ontario riding of



**Flora MacDonald speaks after receiving the Pearson Peace Medal at a ceremony at Rideau Hall in Ottawa, March 24, 2000.** THE CANADIAN PRESS FILE PHOTO

Kingston and the Islands. She held the riding until her defeat in 1988.

MacDonald also held the posts of Minister of Employment and Immigration and later Minister of Communications in the government of Brian Mulroney.

She ran for the leadership of the Progressive Conservative party in 1976. Although she was thought to have a good chance of winning, she was defeated by Clark.

MacDonald retired from politics after her defeat and concentrated on humanitarian work.

She toured the developing world as a human rights observer, hosted a television series on Third World Development and made at least 12 visits to Afghanistan with the organization Future Generations.

She received the Order of Canada in 1992, where she was cited for her "distinguished leadership in federal politics" and her hu-

manitarian work.

A number of politicians have expressed their condolences on Twitter, including Clark.

"I mourn the passing of Flora MacDonald, whose compassion, leadership & example changed lives across our country & around the world," he wrote.

Prime Minister Stephen Harper also posted his condolences on Twitter and former Foreign Affairs Minister John Baird tweeted he was sad to hear of MacDonald's passing. "I recall campaigning with her in Kingston as a Queen's student in '88," he wrote.

Transport Minister Lisa Raitt saluted MacDonald as a trailblazing female politician and fellow Nova Scotian. "Min. MacDonald demonstrated that any career was possible — even for a girl from Whitney Pier. She cleared our path and I am grateful," she wrote on Twitter.

THE CANADIAN PRESS

**“Min. MacDonald demonstrated that any career was possible — even for a girl from Whitney Pier. She cleared our path and I am grateful.”**

Lisa Raitt, Canada's transport minister

### NEW ZEALAND

## Body found where Canadians last seen

The body of an unidentified man has been found in the area where two young Canadian tourists went missing July 6, New Zealand police announced Sunday.

A police detective in Queenstown — where Etienne Lemieux and Louis-Vincent Lessard were last seen — confirmed in an email to the Canadian Press on Sunday morning that helicopters found a body overnight on the Kepler track in the Fiordland National Park.

Detective Lisa Watt said it ap-

peared the man was swept away by an avalanche.

Lemieux and Lessard, both 23, were last seen July 6 in Queenstown. The two friends were supposed to return home to Montreal on Friday morning. Their relatives alerted authorities when the pair did not land on time.

Canadian Foreign Affairs spokesman Francois Lasalle told CP on Saturday night that Canadian authorities have been advised of the pair's disappearance. THE CANADIAN PRESS

### IN BRIEF

#### Conservative war chests

A riding association with a lot of savings will have a big advantage during what is expected to be an extra-long election campaign this year. Here are the top 10 richest Conservative riding associations based on financial returns filed this month to Elections Canada:

- Calgary Southwest (MP: Stephen Harper): \$444,373.15
- Calgary Midnapore (Jason Kenney): \$311,357.41
- St. Catharines (Rick Dyks-

- tra): \$305,078.66
- Lanark-Frontenac-Kingston (Scott Reid): \$295,985.39
- Port Moody-Westwood-Port Coquitlam (James Moore\*): \$283,752.95
- Ottawa West-Nepean (John Baird\*): \$236,356.62
- Eglinton-Lawrence (Joe Oliver): \$214,135.59
- Stormont-Dundas-South Glengarry (Guy Lauzon): \$212,261.52

Any candidate marked with an \* has resigned or is not seeking re-election.

THE CANADIAN PRESS

### BAFFIN ISLAND

## Officials hopeful in lost pilot search

Search and rescue officials are still hopeful a helicopter missing near Baffin Island may be found, says a spokesman for Joint Task Force Atlantic.

"There is a lot of ice pans up North, so he may have been able to land there but didn't have the power to communicate back to us," said Derek Prescott, a search and rescue navigator on board the Hercules aircraft involved in the search.

"So there is still a chance

that we may find him."

The small Robinson R22 two seater helicopter went missing Saturday afternoon over the Davis Strait while flying from Iqaluit to Nuuk, Greenland.

The pilot, whom Prescott said is a Russian citizen, was flying solo.

"He had a GPS that was providing updates, and that's how we knew that it seems there was an issue," Prescott said. "There were no updates coming in." THE CANADIAN PRESS



## IN BRIEF

**Tour bus crashes in Peru**

Some East Texas college students are among at least 15 foreign tourists hurt after their bus crashed in Peru.

Peruvian police say the bus overturned Saturday on a highway near the Pisac archaeological site outside of Cusco. Police said Sunday the driver apparently lost control on a curve.

The tour bus carried 19 people, including the driver and a guide. Four people suffered serious injuries. Several others were treated for minor injuries and released. THE ASSOCIATED PRESS

**Spain wildfire prompts hundreds of evacuations**

A wildfire racing through forested hills in northeastern Spain has forced the evacuation of several hundred people.

The blaze broke out Sunday afternoon in dry woodland and was being fanned by steady winds. Within hours the fire had charred around 450 hectares (1,100 acres). Firefighters said some 400 people were evacuated.

THE ASSOCIATED PRESS

**House of Lords member resigns over racy photos**

The deputy speaker of the United Kingdom's House of Lords has resigned his position after publication of photos and a video allegedly showing him using cocaine with prostitutes.

Lords Speaker Baroness D'Souza Sunday called John Sewel's alleged behaviour "shocking and unacceptable" and said she is calling in police to investigate on an urgent basis.

She said Sewel has stepped down from his special position in Britain's upper house. He remains a member of the House of Lords. THE ASSOCIATED PRESS



**U.S. President Barack Obama delivers a speech — in front of American and Kenyan flags — at the Safaricom Indoor Arena in the Kasarani area of Nairobi, Kenya on Sunday. Obama is travelling on a two-nation African tour where he will become the first sitting U.S. president to visit Kenya and Ethiopia.** BEN CURTIS/THE ASSOCIATED PRESS

# Obama gives hopeful message to Kenyans

## HUMAN RIGHTS

## President urges 'tough choices' to combat risk of corruption

Declaring Kenya at a "crossroads" between promise and peril, President Barack Obama on Sunday pressed the nation of his father's birth to root out corruption, treat women and minorities as equal citizens and take responsibility for its future.

Closing his historic visit with an address to the Ken-

yan people, Obama traced the arc of the country's evolution from colonialism to independence, as well as his own family's history there. Today, Obama said, young Kenyans are no longer constrained by the limited options of his grandfather, a cook for the country's former British rulers, or his father, who left to seek an education in America.

"Because of Kenya's progress — because of your potential — you can build your future right here, right now," Obama told the crowd of 4,500 packed into a sports arena in the capital of Nairobi. But he bluntly warned that Kenya must make

## “Here in Kenya, it's time to change habits.”

President Barack Obama

"tough choices" to bolster its fragile democracy and fast-growing economy.

Obama spent considerable time warning about the risks of government corruption, calling it an "anchor" that could weigh down the country's promising future.

"Too often here in Kenya

corruption is tolerated because that's how it's always been done," he said. "Here in Kenya, it's time to change habits."

He urged an end to old tribal and ethnic divisions that are "doomed to tear our country apart" and spent significant time imploring Kenyans to respect the rights of women and girls, saying that marginalizing half of a country's population is "stupid." He also called for an end to forced marriages for girls who should otherwise be attending school.

"These traditions may date back centuries. They have no place in the 21st century," he said. THE ASSOCIATED PRESS

## FLIGHT TRACKER

## App puts security of royals at risk

A British newspaper said it has uncovered a major royal security breach by using an inexpensive app to track Prince William's air rescue ambulance while it is in the air.

The Mail on Sunday said the 2.99 pound (\$4.65) app allowed it to keep close track of William as he flew in his capacity as a private pilot with East Anglian Air Ambulance in eastern England.

It said the app allowed its journalists to pinpoint where William was planning to land the air ambulance helicopter.

It published photos appearing to show William's helicopter landing and of the prince himself talking to colleagues on the ground.

For a small extra fee, the Mail on Sunday said, users can receive a text alert every time the helicopter William uses takes off on a mission.

Air safety expert Christopher Yates told The Associated Press it would be relatively easy to modify software so that a helicopter William was using couldn't be tracked, but he said such a change may not be warranted even though William is thought to fly without a protection officer.

"Most of the time when an air ambulance is called it appears on the scene, scoops someone up and disappears," he said. "If there were someone monitoring, the chance of them being there at the scene when he arrives is quite remote. And we don't know from one day to the next if he's going to be on board. So I don't see a problem."

William's press office refused to comment, calling it a security matter. The Metropolitan Police also refused to comment.

The prince has made similar rescues while serving at a Royal Air Force base on an island off the coast of Wales.

THE ASSOCIATED PRESS



**Prince William started his new role as an ambulance air pilot in Cambridge, England, on July 13.** AP PHOTO

## NORTH ATLANTIC COUNCIL

## Turkey requests urgent NATO talks

Turkey on Sunday called for a meeting of its NATO allies to discuss threats to its security and its airstrikes targeting Islamic State of Iraq and the Levant (ISIL) militants in Syria and Kurdish rebels in Iraq.

The move came as Turkey's state-run media reported Turkish F-16 jets took off from the country's southeastern Diyarbakir air base to hit Kurdistan Workers' Party, or PKK targets across the border in northern Iraq.

There was no immediate con-

fimation of the report by TRT television, which came hours after authorities said PKK militants detonated a car-bomb near Diyarbakir, killing two soldiers and wounding four others.

NATO announced its decision-making body, the North Atlantic Council, will meet Tuesday after Ankara invoked the alliance's Article 4, which lets member states request a meeting if they feel their territorial integrity or security is threatened.

THE ASSOCIATED PRESS

## IN BRIEF

**Protesters close highway**

Protesters have closed the highway linking Beirut to southern Lebanon over the country's trash crisis.

The closure of the vital highway on Sunday comes amid reports that the government plans to move trash piled on the streets of Beirut to the Kharoub region south of the capital.

The protesters stopped several trucks carrying trash and prevented them from entering the region, resulting in major traffic jams. THE ASSOCIATED PRESS

## Bobbi Kristina Brown dead, family confirms

A representative for the Houston family has said Bobbi Kristina Brown, daughter of the late entertainer Whitney Houston and R&B singer Bobby Brown, has died, about seven months after she was found face-down and unresponsive in a bathtub. She was 22 years old.

Kristen Foster said Sunday, "Bobbi Kristina Brown passed away July, 26 2015, surrounded by her family. She is finally at peace in the arms of God."

"We want to again thank everyone for their tremendous amount of love and support during these last few months."

Police said she was found Jan. 31 in the suburban Atlanta townhome she shared with Nick Gordon, the man she called her husband. A police report described it as a "drowning."

Bobbi Kristina was the only child between Houston and Brown.

THE ASSOCIATED PRESS



# Insurance coverage for pot on horizon: Experts

## HEALTH

## Sale of medical cannabis in gel caps could get docs on board

Canadians who have been prescribed medical marijuana could one day see their insurance company footing the bill, experts predict, following the introduction of new Health Canada rules that allow for the sale of cannabis oils.

Health Canada announced revamped medical marijuana regulations earlier this month after the Supreme Court of Canada ruled that users of the drug should be permitted to consume it in other forms, such as oils and edibles, rather than having to smoke dried buds.

"You're going to see insurance companies slowly start to creep into the sector," says Khurram Malik, an analyst at Jacob Securities Inc., noting that the new regulations will allow medical marijuana producers to sell gel caps similar to those made from cod liver oil.

That will allow for more precise dosing, Malik says.

"When you're trying to smoke a plant, you have no idea how much you're consuming, so that makes doctors a little nervous," he said.

Experts say the changes are a major step towards legitimizing the drug in the eyes of



**A variety of the cannabis oil available to customers is shown at the Cannabis Buyers Club, in Victoria, B.C. Canadians who have been prescribed medical marijuana could one day see their insurance company footing the bill, experts predict.** CHAD HIPOLITO/THE CANADIAN PRESS

doctors and insurers.

"When something doesn't look different than other medicines, it becomes much easier for people to get comfortable with the idea that this is, in fact, a possible treatment option for patients," says Bruce Linton, the chief executive of Smiths Falls, Ont.-based Tweed Marijuana Inc.

However, medical marijuana producers still have one major hurdle to overcome before insurers begin routinely funding



**When you're trying to smoke a plant, you have no idea how much you're consuming, so that makes doctors a little nervous.**

Khurram Malik, analyst at Jacob Securities

the drug — cannabis currently doesn't have a drug identification number, known as a DIN.

"If it was issued a DIN by Health Canada, it's quite likely that the insurance companies would cover it," says Wendy

Hope, a spokeswoman for the Canadian Life and Health Insurance Association Inc.

As it stands, most insurance companies don't routinely cover medical marijuana. But some insurers, including Manulife,

say they will consider making an exception if the employer has specifically requested it for one of its employees.

"It's up to the employer to ask if they want to have it covered," says Hope.

Earlier this year, Sun Life agreed to pay for a University of Waterloo student's medical marijuana prescription through his student health plan after the student union went to bat for him. Jonathan Zaid, 22, uses the drug to combat a syndrome called new daily persistent headache.

Some health insurance companies may pay for medical marijuana through a health spending account, says Hope. But, she adds, "my understanding is it doesn't happen often."

Malik says the main reason why medical marijuana doesn't have a DIN is a lack of rigorous, clinical research on its efficacy.

"The evidence is very circumstantial — not your typical 10-year, double-blind study that doctors and big pharmaceutical companies like to see," Malik said.

He suspects that's about to change. "You're going to see a lot of Canadian companies partnering up with universities overseas that are a little more progressive than the ones we have here, at least in this space, to drive this research forward and legitimize it in the eyes of doctors and get DIN numbers on these things," Malik said.

THE CANADIAN PRESS

## RECALLS

## U.S. set to fine Fiat Chrysler \$105M

The U.S. government will hit Fiat Chrysler with a record \$105 million US fine next week for violating laws in a series of vehicle safety recalls, a person briefed on the matter said.

The National Highway Traffic Safety Administration will reveal the fine on Monday. In addition, Fiat Chrysler will be required to buy back a group of recalled vehicles to get them off the roads, said the person, who didn't want to be identified because no official announcement has been made.

The company will make payments to owners of 1.56 million recalled older-model Jeeps with gas tanks behind the rear axle to bring them to dealers to install trailer hitches to help protect the tanks. The tanks are vulnerable and can leak gasoline if damaged in rear collisions. The company maintains the Jeeps are as safe as comparable vehicles built at the time, and it will not buy them back.

The fine beats the old record of \$70 million US assessed against Honda Motor Co. for lapses in recalls of airbags made by Takata Corp.

At the July 2 hearing, NHTSA detailed an alarming litany of shortfalls: failure to notify customers of recalls, delays in making and distributing repair parts, and in some cases failing to come up with repairs that fix the problems. Some of the recalls date to 2013.

THE ASSOCIATED PRESS

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## POLL: THE PRICE OF PAN AM

Canadians broke records at the Pan Am games, and Toronto got new facilities and a head start on a potential future Olympics. But the cost — \$2.4 billion, shared among the federal, provincial and municipal governments and host universities — has some people seething. We asked our readers if the investment, which works out to \$68 per Canadian, was worth its weight in gold (medals).

Were the Pan Am Games worth the \$2.4-billion+ price tag?

**19% YES, BUT I WISH IT WERE LESS.**

**31% YES! NEXT STOP, OLYMPICS!**



**50% NO WAY. WASTE OF MONEY.**

WHAT DO YOU THINK OF AN AMERICAN, KANYE WEST, HEADLINING THE CLOSING CEREMONIES?

**66% IT'S AN INSULT TO NATIONAL PRIDE**

**4% I ♥ KANYE**

**30% I DON'T CARE**



**751**  
RESPONDENTS  
Answer our poll every Friday at [metronews.ca](http://metronews.ca)



What do you wish the Pan Am money was spent on? (We asked readers to rank their choices from 1 to 9. This is the average).

1. Roads, bridges and infrastructure
2. Balancing the government's books
3. The Pan Am Games! I love them!
4. Health care
5. National childcare
6. Public schools
7. Green energy/environmental clean-up
8. Student loan forgiveness
9. Just cut us all a \$68 cheque!

## ROSEMARY WESTWOOD

metroview

### I would gladly pay more for a strong national broadcaster

The Pan Am Games weren't the popularity flop they once threatened to be.

But as a litmus test for the state of the CBC, they're troubling.

Ticket sales, once lagging, hit the one-million mark last week. About 46 per cent of Canadians have tuned in to the CBC or its partners to watch, organizers say.

But many viewers didn't like what they saw. Complaints poured in after the CBC didn't show key games — including Canada's gold-medal wins in baseball and basketball — on live TV, forcing spokesman Chuck Thompson to admit that the corporation's scarce resources played a role in the decision.

In other words, the broadcaster — which since 2012 has suffered a \$115-million funding cut, the loss of lucrative NHL broadcasting rights, and the elimination of 657 jobs — decided it couldn't afford to do more with less. It sensed the potential for a flop and underinvested accordingly.

After losing the NHL, the CBC said it would focus only on amateur sports that let it break even. The Pan Am Games show what a limping CBC thinks it needs to do to make that happen.

It's ironic, then, that the Senate would suggest the CBC cover more amateur sports, in a report on the future of the broadcaster released last

week. Nowhere, as the Globe's Kate Taylor notes, does the report explain how to pay for this.

Raising government funding certainly isn't on the list, even though amateur sports offer the perfect argument for a well-funded CBC, one willing and able to handle what profit-fixated private broadcasters won't touch.

Instead, the Senate report is the kind of map you'd hand to someone you hope will get lost. Given the conservative tint to the committee, perhaps that's the point.

The senators know we are watching a sinking mother corp.

That the CBC is underfunded is a matter of fact: It gets one-third the per-capita funding of the BBC, and the third-lowest among public broadcasters in Western democracies.

You could, as does the Senate, grasp at ways to make it a better, but still underfunded, public broadcaster.

But that's not the point, is it? Either you believe in the mission of a broadcaster beholden to Canadians, or you do not.

If you do, then pony up. I would gladly pay more than the paltry \$29 a year we each contribute (I spend more on Q-tips).

If you don't, well then, just sit back and wait.

Because you can't have it both ways.

# Culture of respect starts within the police force

## INSIDE THE PERIMETER

Shannon VanRaes



To be clear, the problem isn't the P.A. system.

The problem is that apparently, if you work for the Winnipeg Police Service, it's perfectly acceptable to walk into the office and ask a co-worker for sexual favours.

And no amount of maintenance work on Air-1's public address system can fix that.

Winnipeggers will no doubt remember a serene evening late last month, interrupted by news of a police helicopter broadcasting a conversation about oral sex over its loud speakers.

On Friday, the WPS announced that no disciplinary action would be taken against the officers involved because activating the loudspeaker was "not a deliberate act" and that

speaker wiring has been re-routed to "minimize the chances of this situation repeating itself."

While the activation of the loudspeaker was clearly accidental, the profanity-laced conversation about blow jobs was not. It was deliberate, it was casual, and it reveals that a sexualized workplace is tolerated and pervasive in the Winnipeg Police Service.

No one actually used the phrase "boys will be boys" to dismiss the behaviour, but they might as well have.

That the people granted the privilege of carrying guns, making life-and-death decisions and enforcing our laws would show such poor judgment is alarming. That senior officers choose not to address the larger issues of sexual harassment and unprofessional behaviour is terrifying and utterly disappointing.

A sexualized work environ-

ment is not a welcoming one, particularly for women and members of the LGBTQ community. One needs to look no further than the recent scandals involving the Canadian military, where Supreme Court Justice Marie Deschamps says sexual misconduct is "endemic."

But after some serious missteps by his predecessor, the new Chief of the Defence Staff Gen. Jonathan Vance vowed to combat the issue with fervour, saying that "any form of harmful sexual behaviour has been and always will be absolutely contrary to good order and discipline ... it is a threat to this institution."

It seems Winnipeg's police brass failed to take note. I can't think of a clearer indication of a culture of misogyny and harassment than having one officer turn to another officer, drop a request for fellatio, then chalk the whole incident

up to faulty wiring.

And while the Winnipeg Police Service did call parts of the officers' conversation "inappropriate" they didn't go further. These officers shouldn't be fired, but there should be some action that sends the message that this isn't OK.

To state the obvious, they should get more education and training. Police can use this moment as an opportunity for improvement, a chance to look at their own culture and take a stand. Because if police officers don't respect each other, how can we possibly expect them to respect those they serve and protect?

Shannon VanRaes is a Winnipeg-based journalist and photojournalist who spends her days contributing to the Manitoba Co-operator and her nights covering urban affairs.

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PHILOSOPHER CAT  
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IT IS IMPOSSIBLE  
FOR ANYONE TO  
LEARN THAT WHICH  
HE THINKS HE  
ALREADY KNOWS





# Sentenced to stardom

## INTERVIEW

## Audiences love Litchfield's new inmate, and Hollywood is taking note

North American audiences were introduced to Australian actress Ruby Rose on the third season of Netflix series *Orange Is the New Black*, and she's quickly become a breakout star.

Rose plays Stella, an inmate at the women's prison who hits it off with Taylor Schilling's lead character, Piper.

In a recent interview, Rose said she's trailed by paparazzi, even at the airport. However, the attention she's gotten is welcomed because "my main goal is always acting."

"I had no opportunities before," she said with a laugh. "I was finding it really hard to get in the door here. Really hard. I couldn't get an agent, I couldn't get a manager, I couldn't get an audition. I couldn't do anything, and your hands are a little bit tied at that point. You have a visa that says it's for entertainment and you have no one that wants to represent you."

The 29-year-old is considering possible future projects, and says there's a possibility she'll return for the fourth season of *Orange*.

**What was it like joining the**



Australian actress Ruby Rose (right) stars alongside Taylor Schilling's Piper in Season 3 of *OITNB*. HANDOUT

### cast?

I've never been in a situation like that where I've gotten to meet so many amazing women that are all so talented and independent and funny, and it's a very supernatural situation with that many talented people in one room at one time, all get-

ting along. It's great. It was perfect.

### You were a fan of the show first. How did it feel to meet these people?

The only one I went like, 'Oh, what's going on?' was with Laura Prepon. She had the prison outfit, the glasses,

the brows and the hair. She was (her character) Alex walking down the corridor. I just went, 'Hi! You're really good-looking.' She's just so tall and statuesque.

### Is there anyone you didn't have scenes with that you wish you did?

I did a lot of scenes with pretty much everyone. I think Laverne (Cox), maybe, I didn't get any scenes with (her), but we hung out a lot, and whenever she was there on the set, I would always go and sit in her room.

**You also work as a DJ. How**

“

**I was finding it really hard to get in the door here. Really hard. I couldn't get an agent, I couldn't get a manager, I couldn't get an audition.**

Ruby Rose, actress

### do you balance that with acting?

I get these weekend opportunities to travel to different parts of the world and DJ, so it's literally the perfect mix. I have a fantastic combination career. It's a hobby, but it's something I've done for the last 10 years and so it's always going to be part of me.

### How did you start acting?

I actually went to school for acting when I finished high school, and about halfway through that first year I ended up booking MTV (in Australia) and so I proceeded to do television presenting, I had a clothing brand and created my own radio station.

I did all these crazy things and it was almost like they were all sidesteps to get me into the door with acting. ... I'm definitely where I want to be now and it feels amazing. THE ASSOCIATED PRESS

## MUSIC

## Drake slams Meek Mill's claims

Hip-hop star Drake has hit back at charges he relies on ghostwriters for his songs, releasing a new track dissing his accuser which quickly went viral online.

Fellow rapper Meek Mill recently took to Twitter to accuse Drake of not writing his own songs and suggested that the Toronto-born artist retaliated by not promoting Mill's work.

Drake — whose latest mix tape topped the U.S. album chart and who recently headlined major festivals including Coachella — broke his silence late Saturday to respond in verse with a diss

song entitled *Charged Up*.

The song soon hit No. 1 on Billboard's Trending 140 chart, which looks at social media impact in the United States.

"Wow, I'm honoured that you think this is staged," Drake raps over a minimalist beat.

"I seen it all coming ... 'cause it ain't like I need the money I make off a feature," Drake said, presumably explaining why he did not promote Mill's album.

Referring to recent police killings of African Americans that have provoked outrage, Drake raps, "Cops are killing people

with their arms up/ And your main focus is trying to harm us?"

Drake debuted the song on Apple Music, the tech giant's new streaming and radio service for which he has been a prominent spokesman.

Drake referred to his Apple collaboration in *Charged Up* as a way to tell Mill that he has been successful. Drake appeared to confirm in the song that the company paid him \$20 million.

Mill, while not taking back his accusations, wrote on Twitter of the song: "I can tell he wrote that one, though." AFP



Drake hit back at Meek Mill with a new track. AFP

## + BACKGROUND

### Quentin Miller shuts down ghostwriting claims

The man widely suspected to be Drake's alleged ghostwriter has spoken out and debunked the claims.

Quentin Miller issued a Tumblr post explaining his relationship with Drake and noted that his contributions to the rapper's recent record were always made clear in the song credits.

Philadelphia rapper Meek Mill initiated the conflict with a series of tweets arguing that Drake "don't write his own raps," including the

Grammy winner's verse on Mill's recent song *R.I.C.O.*

Miller has a songwriting credit on that song, along with five tunes from Drake's surprise *If You're Reading This It's Too Late*.

In his post, Miller writes that he was an aspiring rapper, muddling in obscurity and working at a bakery, when Drake called him and told him he was "destined for greatness."

When Miller began work on Drake's project, it was already mostly finished, he writes. THE CANADIAN PRESS



# APP REVIEWS KRIS ABEL'S DIGITAL PICKS FOR THE WEEK



## FITNESS

### Nike+ Running

- iPhone/Apple Watch/Android
- Free

A new music update to the popular fitness tracking app means you can now use Spotify to generate a 100-song playlist based on a target BPM (beats per minute) determined from your own recorded pace goals and musical tastes.



## GAME

### Prune

- iPhone/iPad
  - Rated: Everyone 4+
- At its heart, Prune is about caring for a tree. It's a relaxing game where you must trim branches away from danger and towards the sun. Beautiful in visuals and poignant through music, its originality and ability to create a moving experience place it among the year's best.

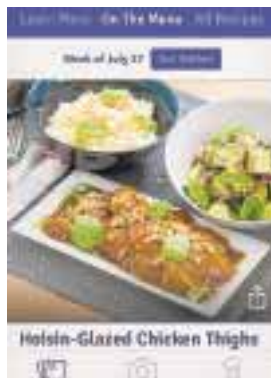


## KIDS

### Roald Dhal's Twit or miss

- iPhone/iPad
- Free

The first in a series of apps celebrating author Roald Dhal, this mischievous food fight game has you deflecting the gross dinner morsels of fish heads, broccoli, and bird pies from Mr. Twit's beard to protect his wife's ever-boiling temper.

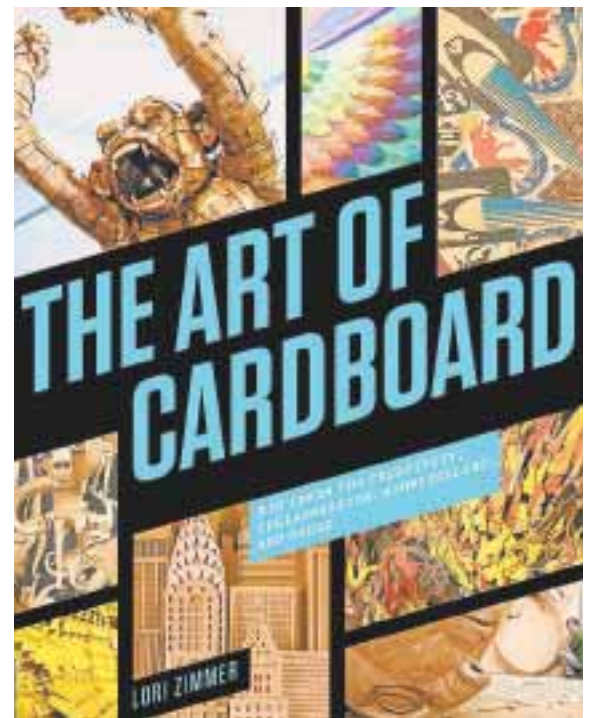


## COOKING

### Blue Apron

- iPhone
- Free

This weekly supply of seasonal, step-by-step recipes is richly presented with how-to videos, cooking tips, ingredient guides, and even a camera app with fun filters and effects. Although tied to a U.S.-only delivery service, the recipes are handy on their own.



## EBOOK

### The Art of Cardboard

- Kindle/iBooks/Kobo

From creating childhood castles to using storage boxes for our memories, cardboard boxes have long been a trigger for our imagination. Filled with zoomable photos, this gorgeous ebook explores the astonishing sculptures of eco-artists who see the spirit of sustainability in playful packing cartons.

# DISCOVER

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**BROKEN PROMISE — AN EXCERPT IN FOUR PARTS BY LINWOOD BARCLAY**

BILL TAYLOR

**PART 1 OF 4****Something dark has infected Promise Falls**

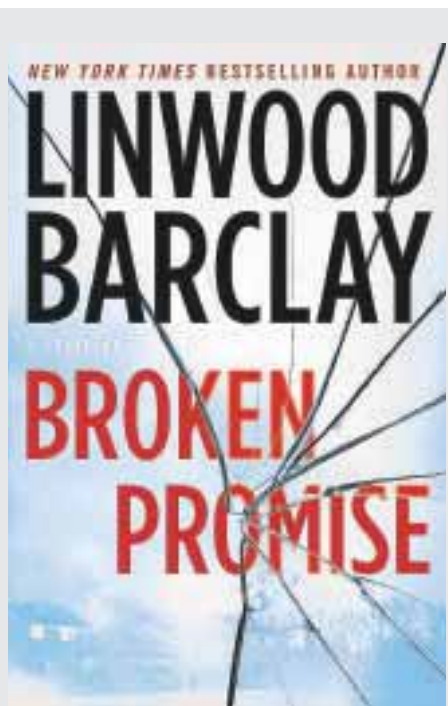
Bestselling thriller author Linwood Barclay returns this week with *Broken Promise* (Doubleday, July 28, \$22.95) the first book in an explosive new trilogy.

As the novel begins, David Harwood uproots his life and young son after the death of his wife and the demise of his newspaper, and moves back into his childhood home in Promise Falls, N.Y., where he comes across an epic family secret.

**In tomorrow's excerpt:** Other strange things are happening in Promise Falls.

Excerpted from *Broken Promise* by Linwood Barclay. Copyright © 2015 Linwood Barclay. Published by Doubleday Canada, a division of Penguin Random House Canada Limited, a Penguin Random House Company. Reproduced by arrangement with the Publisher. All rights reserved.

**As I rapped on it with my fist, I noticed a smudge on the door frame. It looked like smeared blood. As if someone had swatted the world's biggest mosquito there.**



"David," my mom said, "I wanted to ask what you might have on for this morning."

"Why? What's up?"

"I mean, if you have some job interviews lined up, I don't want to interfere, but I have some things to drop off for Marla." Marla Pickens. My cousin. "I made up a chili, and I had so much left over, I froze some of it. And I picked her up a few other things. Some Stouffer's frozen dinners. I don't think that girl is eating. Ever since this business with the baby, she just hasn't been right."

Dad, not taking his eyes off the screen, said, "It's been ten months, Arlene. She's gotta move on. She's gone a bit crackers, if you ask me."

When I got to Marla's, I grabbed the bags of food and mounted the three steps to

the door. As I rapped on it with my fist, I noticed a smudge on the door frame.

It looked like smeared blood. As if someone had swatted the world's biggest mosquito there.

When Marla didn't answer the door after ten seconds, I knocked again. Five seconds after that, I let myself in. "Marla? It's cousin David!" Down the hall, I heard a kind of . . . mewling? A gurgling sound?

A baby?

"Marla?" I set the bags down on the floor and went down the hall, pushed open a door.

I had heard a baby. Nine months old, I guessed, and sucking contentedly on a rubber nipple, its tiny fingers attempting to grip the plastic feeding bottle. Marla held the

bottle in one hand, cradling the infant in her other arm.

She studied my face and whispered, "I heard you call out, but Matthew's nearly asleep."

"Matthew?"

Marla smiled, nodded. "Isn't he beautiful?"

Slowly, I said, "Yes. He is." A pause, then: "Who's Matthew, Marla? I mean, who does Matthew belong to? Are you babysitting for someone?"

Marla blinked. "Matthew belongs to me, David. An angel brought him to me."

"Marla, what happened last year to you . . . and your baby . . . was a tragedy. We all felt so terrible for you."

Ten months ago. Marla had been devastated.

"Marla, tell me whose baby this really is, and why there's blood on your front door."

**TAKING KIDS TO RESTAURANTS****Manners to dine for**

What went down at Marcy's Diner in Portland, Maine, between the vacationing parents of an antsy toddler and the annoyed, profanity-prone restaurant owner is a case of she said-she said.

The pancakes took a long time. It was raining. An invitation to leave was extended, albeit not terribly politely. Words were exchanged both in the moment and later more vehemently on Facebook.

There was the inevitable social media storm after word of the July 18 showdown surfaced, including more than 6,000 comments on The Washington Post's website after Tara Carson, mom of the 21-month-old, put out her side of the story Wednesday.

So where does restaurant etiquette stand when children act up, even in a seemingly family friendly environment such as Marcy's? We break it down with a trio of experts:

**Is it worth dining out with tots?**

"In general, parents definitely should be bringing their kids to family-friendly restaurants to get them used to the experience of dining out. But you do have a responsibility to the people around you. If your child is crying and screaming at length, it's probably time to pay the bill and go," said the Emily Post Institute's Lizzie Post, co-host of the *Awesome*

Etiquette podcast on American Public Media.

Elena Brouwer, based in Hollywood, Fla., an etiquette consultant for upscale restaurants and fancy hotels, said very young children shouldn't be anywhere near pricey places, especially at night.

April Masini, a New York relationship and etiquette expert who writes a column called *Ask April*, said parents should consider limiting restaurant forays with small children to fast-food restaurants. "The operative word is fast," she said.

**Did the Carsons forget the Cheerios?**

"Where was the colouring book? And everybody criticizes it, but where was the iPhone? When you recognize that your child is in that kind of a moment . . . then it is time to leave the restaurant," said Post. (Carson did not respond to messages for comment.)

Before things get out of a control, it would also serve everybody to comp the meal of the frazzled parents to hurry them out the door, Brouwer said.

"Children who cry in public places, at length (more than five minutes), need to be taken outside by a responsible and understanding parent," Masini said. THE ASSOCIATED PRESS



**Marcy's Diner in Portland, Maine, was the scene of a dustup over a cranky toddler.** ROBERT F. BUKATY/THE ASSOCIATED PRESS

**BORROWERS BEWARE****Watch out for one HELOC of a way to home equity havoc**

**Kyle Prevost**  
youngandthrifty.ca

What the heck is a HELOC?

The term HELOC refers to turning your house into a giant credit card with extremely low interest rates. If you think that sounds like a good deal, you're not alone.

HELOC is the acronym for a Home Equity Line of Credit. Many lenders will allow you to borrow money against the worth of your house at a much lower interest rate than on

your credit cards or if you were using a line of credit that wasn't "backed" by anything.

The idea is that banks and credit unions can safely assume lending you money is relatively low risk because you can always sell your house to pay your debts.

Home equity is basically the difference between what your house is worth and how much (if anything) you still owe on your mortgage.

For example, if I purchased a home for \$300,000, paid a \$60,000 down payment, and then faithfully made my monthly payments for

10 years, I might have whittled my mortgage down to \$165,000 or so. If my house was in an ice-cold housing market and hadn't risen in value at all during those 10 years, I would now have roughly \$135,000 in home equity.

If I lived in a major Canadian urban centre over the past 10 years, my home is now probably worth at least 25 per cent more than I paid for it though; therefore, I'd have more like \$235,000 in home equity.

Therein lies the HELOC trap.

As a Canadian millennial, I could be excused for thinking

that the value of houses only goes up — and that it always does so quite drastically. If you follow that line of reasoning to its logical conclusion, there should be no harm in borrowing against the growing equity in your home, because as long as the value of the house goes up faster than you borrow against it, things will be fine.

Of course if interest rates suddenly rise, home values fall, and many other bad things happen — you could be caught financially skinny dipping when the tide goes out.

According to the Canadian Association of Accredited Mort-

**+ HELOC DEFINED****Behind the acronym**

- HELOC stands for Home Equity Line of Credit.
- HELOCs allow you to borrow money at very low interest rates.
- The temptation to use HELOCs to live above your means can get you in trouble in a hurry!

gage Professionals (CAAMP), 27 per cent of people with mortgages in Canada in 2014 had a HELOC. Of those that

had one, 90 per cent had an outstanding balance and the average amount outstanding was \$57,000.

HELOCs can be great financial tools if understood and used properly.

If they are simply seen as the quickest way to marble countertops, a new boat, or that luxury vacation you've always wanted . . .

Well, just remember, the tide always goes out eventually.

Kyle Prevost is a personal finance writer helping people save and invest at [YoungandThrifty.ca](http://YoungandThrifty.ca).



# Mission accomplished

PAN AM 2015

## Canada achieves goal of finishing 2nd in Games

From Day 1 of the Pan American Games, Curt Harnett says he knew Canadian athletes "were in it to win it."

By the final day, Canada's chef de mission and his team of 717 strong were basking in the most successful Pan Am performance in Canadian history.

"One podium performance quickly followed another, en route to our Top 2 place in the medals table," Harnett said Sunday at the Canadian team's closing news conference. "Like a parent, I could not be more proud, with each and every athlete on Team Canada. You delivered."

Canada set an ambitious goal of finishing second in the medal standings, and brought the team to do it. From swimmer Ryan Cochrane, to decathlete Damian Warner, to kayaker Adam van Koeverden, Canada fielded not only its largest ever team, but arguably strongest, for Toronto. It was a who's-who of athletes who will shine on sport's biggest stage at next summer's Rio Olympics.

Canada's women's kayak team of Michelle Russell, Emilie Fournel, KC Fraser and Hannah Vaughan kicked off the record

## + QUALIFIED

Canadian teams clinched berths in seven sports for next summer's Olympics in Rio de Janeiro, Brazil — women's three-metre springboard diving; duet synchronized swimming; the women's K1 in canoe/kayak slalom; equestrian team jumping; women's modern pentathlon; women's 10-metre air pistol and trap in shooting; and men's field hockey.

run with gold in the K-4 500 on the morning of Day 1, in the first event of the Games.

And by the time the women's baseball team capped Canada's run to the podium with a silver medal, the host nation had amassed 217 medals, 78 gold, 69 silver, and 70 bronze.

“

**We know that the road to Rio for many of these athletes will bring great things.**

Curt Harnett

The mighty Americans will take home 265 — 103 gold, 81 silver and 81 bronze. Brazil finished a distant third with 141 medals.

Not everyone brought their top athletes to Toronto. The Americans fielded squads of mainly B-team athletes. Jamaica was missing its best sprinters, like superstar Usain Bolt.

Canada, meanwhile, topped its previous best of 197 medals when Winnipeg hosted the Games in 1999. Canada passed that mark with two days to go.

Along the way, Canadian stars



Canada's 78th gold medal of the Pan Am Games was won in women's softball on Sunday in Ajax, Ont. FRED THORNHILL/THE CANADIAN PRESS

## FINAL PAN AM MEDAL COUNTER

217 MEDALS WON BY CANADA

78 69 70

were born, such as Kia Nurse, the 19-year-old who led Canada's women's basketball team to its first ever gold medal. Nurse was chosen to carry Canada's flag in to the closing ceremonies.

There was sprint phenom Andre De Grasse, won both the 100 and 200 metres, shattering

his own Canadian record in the 200. The 20-year-old would have captured a third gold had the 4x100-metre relay not been disqualified for a lane violation.

Ellie Black leapt and tumbled to five medals in artistic gymnastics, as Canada's most decorated athlete at the Games. Whitney

McClintock in water-skiing, Jasmin Glaesser in cycling, and swimmer Santo Condoirelli each won four medals apiece.

Canada's men's softball team kept a firm grasp on gold, winning No. 8 in a row. No other country has ever won the tournament.

"At this Pan Am Games, top 2, I told you it was an ambitious objective, the way we like them. We like ambitious," said Canadian Olympic Committee president Marcel Aubut. "I told you also that I had incredible faith in this great, great Canadian team." THE CANADIAN PRESS

## FINAL-DAY PODIUM FINISHES

### Canadian women snag softball gold medal

Canada's women's softball team beat the United States 4-2 in eight innings, giving the host nation a gold-medal sweep at the Pan American Games.

Canada

opened up a scoreless game with four runs in the top of the eighth.

Joey Lye's single scored a pair of runs and was followed by Jennifer Salling's sacrifice fly and Erika Polidori's RBI single. The loss was the first

Larissa Franklin of the Canadian softball team

HARRY HOW/GETTY IMAGES

of the tournament for the U.S., which had cruised through the tournament with a perfect 5-0 record, including two wins over Canada.

The Canadian men won gold earlier at the Games with a 2-1 win over Venezuela.

### Canucks topped by U.S. in women's baseball final

Anna Kimbrell hit a bases-clearing double in the fifth inning to open up a close

game and lead the United States to an 11-3 victory over Canada in the women's baseball final.

Kim-brell's

double off Canadian reliever Jessica Berube came with two outs in the frame and restored a five-run lead for the U.S., one inning after Canada had clawed back to score three.

Jenna Flannigan, Kelsey Lalor and Amanda Asay had RBIs for Canada.

### Schmitt powers Canada to volleyball bronze medal

Canada won the men's volleyball bronze medal with a 3-1 victory over Puerto Rico. Captain Gavin Schmitt of Saskatoon led the Canadians with 25 points, converting 19 of 27 spike attempts and scoring four points with his booming serve.

Nicole Luchanski of the Canadian women's baseball team

RICHARD LAUTENS/TORSTAR NEWS SERVICE





# Aussie wins Canadian Open, Canuck takes 3rd

## GOLF

## David Hearn fails to break country's 61-year streak

Jason Day birdied his final three holes to overtake Canada's David Hearn and win the RBC Canadian Open.

Day shot a 4-under 68 Sunday to get to 17 under for the tournament. A birdie on the 18th hole sealed the victory.

"This must feel like what Tiger did for so many times, and it feels good," Day said. "I'm going to try to do as much as I can and keep it the same and try and win."

Bubba Watson was second at 16 under, while Hearn was third at 15 under.

"I gave it my all, I didn't quite have my best game," Hearn said.

Hearn was looking to be the first Canadian to win the event since Pat Fletcher in 1954.

"He was playing so good, he started off hot," Watson said of Hearn. "He putts unbelievable. There was so many putts that he hit that should've fell in. I don't know how they stayed out."

"For him and Canada that would've been a great story. That would've been his first win. How amazing would that have been?"

The Brantford, Ont., native went into Sunday with a two-shot lead over Watson, the world's third-ranked player, and



Australia's Jason Day celebrates after putting for birdie on the 18th green to clinch victory on Sunday at the RBC Canadian Open at Glen Abbey Golf Club in Oakville, Ont. CLIFF HAWKINS/GETTY IMAGES

Day, ranked ninth. Hearn's entrance to the first tee drew a roar from the crowd.

"It was a pretty special day with all of the fans and the support that I had from beginning to finish," Hearn said.

Despite missing with his tee shots, Hearn birdied the first two holes to go up by three. Bogeys

on holes 3 and 7 put Hearn into some predictable trouble, given how well Watson and Day had been playing on the back nine.

Hearn missed birdie putts on 8 and 9 by centimetres, drawing loud "Awws" from the Canadian crowd.

Day was consistent on the back nine and turned his game up with birdies on 16, 17 and 18. Watson went on a roll to catch up as Hearn faltered.

Lamenting Day's incredible finish and long birdie putt on 18, Watson pointed out that caddie Ted Scott worked for Grant Waite when he lost to Tiger Woods

at the 2000 Canadian Open on arguably the best shot of the legendary golfer's career.

"They finished second to a great play, and I finished second to a great play," Watson said.

Hearn holed an 18-foot birdie putt on No. 13, but birdie misses on 14 and 16 ultimately kept him from tying Day. His shot into the bunker on 18 was the end.

As he left his news conference, Hearn said next year will be the 62nd for questions about Fletcher. Fourth-place finisher Jim Furyk doesn't expect the drought to last forever.

THE CANADIAN PRESS



David Hearn GETTY IMAGES

## IN BRIEF

### Froome cruises down Champs-Elysees to title

Resplendent in yellow and riding a canary yellow bike, Chris Froome won his second Tour de France in three years on Sunday, with a leisurely pedal into Paris to wrap up a spectacular three-week slog of furious racing that culminated with a thrilling late fight-back by the British rider's toughest rival, Colombian Nairo Quintana.

Cheered on the Champs-Elysees for Britain's third win in the 112-year-old race, Froome took it easy on Stage 21, his work done having grimly resisted Quintana's last-ditch assault on his hard-won Tour lead the previous day on the final Alpine ascent.

THE ASSOCIATED PRESS

### Jays tripped up in Seattle

Franklin Gutierrez delivered the biggest hit yet of his comeback with the Seattle Mariners.

Gutierrez, who missed all of last season with an arthritic condition in his back, homered with one out in the bottom of the 10th inning Sunday to give Seattle a 6-5 win over the Toronto Blue Jays. THE ASSOCIATED PRESS

### Royals land ace Cueto

The Kansas City Royals acquired Johnny Cueto in a trade with Cincinnati on Sunday, sending three prospects to the Reds for a legitimate ace for the front of their beleaguered rotation.

Kansas City has the best record in the AL after it lost to San Francisco in Game 7 of the World Series last October. But Yordano Ventura has underperformed this year and Jason Vargas will miss the rest of the season after he injured his elbow last week — increasing the need for pitching help.

THE ASSOCIATED PRESS



**I'm proud of the way I played and I'm really proud to be Canadian today. It was a pretty special day ... from start to finish.**

Canada's David Hearn

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## RECIPE Watermelon Pizza



### EAT LIGHT AT HOME

**Rose Reisman**  
rosereisman.com

@rosereisman

Great presentation for a dessert or appetizer. If the balsamic vinaigrette gets too thick, add more maple syrup and heat gently. Be sure to pour the vinaigrette over the melon just before serving.

**Makes 8 wedges.**

**Ready in**  
Prep time: 10 minutes

### Ingredients

- 2 horizontal slice round slices of watermelon (1-inch thick)
- 1 1/2 oz crumbled feta cheese
- 3 Tbsp chopped mint or basil
- Balsamic Vinaigrette
- 1/3 cup balsamic vinegar

- 1 Tbsp maple syrup

### Directions

**1.** Place watermelon rounds on large serving plate. Sprinkle with feta and mint.

**2.** In a small skillet, add vinegar and maple syrup and cook on a high heat for one to two minutes until entire surface is bubbly. Drizzle over melon. Cut into wedges.

### Nutrition per serving

- Calories 30
- Protein 1 g
- Carbohydrates 3 g
- Fibre 0 g
- Total fat 1 g
- Saturated fat 1 g
- Cholesterol 3 mg
- Sodium 60 mg

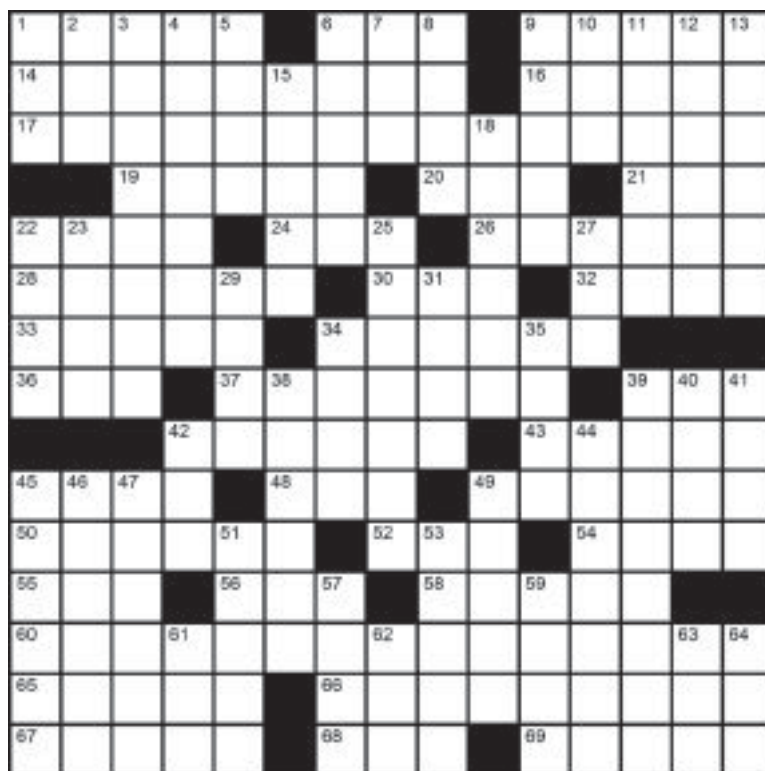
PHOTO: ROSE REISMAN

## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

### ACROSS

1. "Work It Out" by The Beatles: 2 wds.
6. Fella
9. "Trinket, Elizabeth Banks' role in 'Hunger Games' movies
14. Favourable
16. Holds on property
17. Nova Scotia: Aqua occupation for a Dalhousie University graduate, perhaps: 2 wds.
19. Of the nose
20. Piquancy
21. Fifth music note, variantly
22. Poetic foot
24. Las Vegas state, for short
26. In fine (Healthy/fit)
28. Gets burned in the kitchen
30. Hard water
32. Observer
33. Thing that measures, say
34. Ukulele wood
36. Keats specialty
37. Bid-placing event
39. "Motor" suffix
42. Constricting snake
43. Bus station
45. Slightly unshut
48. "The Star-Spangled Banner" contraction
49. Cheerleader's prop
50. Handwasher's peeve: 2 wds.
52. Not nay
54. "Skye" singer Donovan's actress daughter



55. Caesar's 551
56. The Company org.
58. Fanatic sects
60. Interest for a Parliament Hill journalist: 2 wds.
62. Not nay
65. Quintly bless with oil
66. Driving length

- in Canada
67. Lay grassy rolls again
68. Timber! tool
69. De-crease

### DOWN

1. Typing stat.
2. Cenozoic, for one
3. Ears! Husks! Kernels!

- Edmonton \_\_\_ (Agriculture attraction in Spruce Grove, Alberta with the slogan 'Get Lost')
4. Good-humoured
5. Writer Anaïs'
6. Religious book
7. Single
8. Weed \_\_\_ (Gardening brand)

9. Get hitched in Vegas
10. \_\_\_ Newtons
11. Spunky
12. Footwear accessory
13. Swimmer/actress Ms. Williams
15. Mr. Penn's
18. Great-West \_\_\_ Inc.

- (Based-in-Winnipeg international financial services holding company)
22. It \_\_\_ hot in here = Turn on the air conditioner
23. \_\_\_-tongued
25. Triumph
27. Salada product
29. Sturdy horse cart
31. Abel's brother
34. Tooth complaint
35. Language family, \_\_\_-European
38. Perfect place
39. Face-to-face
40. Diving bird
41. Betty Grable movie, "When My Baby Smiles \_\_\_" (1948)
42. What the amateur turned
44. Sender of signals, say
45. Near \_\_\_ (Spread out)
46. Dolly Parton song title lady
47. Lines spoken directly to theatre audiences
49. Brazil's Sao \_\_\_
51. Like the cottage-owner's expansive lands
53. School, in Sherbrooke
57. \_\_\_Seltzer
59. Droopy
61. "Shine a Little Love" gr.
62. Photos, fun-style
63. Debit opps.
64. The Outsiders author Ms. Hinton's

## IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20  
There are so many offers to choose from and they all sound so good you may find it hard to decide. Once you have made your selection, stick with it. The less you flip flop the more you will get done.

**Taurus** April 21 - May 21  
Good fortune is heading your way and family and finances are especially well-starred. Everyone will marvel at your ability to get things done with the least amount of effort.

**Gemini** May 22 - June 21  
You must watch what you say. Not everyone is as good at taking criticism as you are at dishing it out, and if you upset the wrong person you could make an enemy.

**Cancer** June 22 - July 23  
You are the type who demands perfection of yourself, but the current cosmic set-up is urging you to be less driven and to see that you don't have to be the best at everything.

**Leo** July 24 - Aug. 23  
Now is the time to give form to a dream you've had in the back of your mind for many years. It might seem outrageous to some but the planets indicate it will come true.

**Virgo** Aug. 24 - Sept. 23  
You need to get serious about your long-term ambitions. Some kind of breakthrough is imminent, but don't just sit there waiting for it to happen — get out into the world and make it happen.

**Libra** Sept. 24 - Oct. 23  
If there's something you've wanted to do for years but have never got around to, now is the time to get your act together and show the world you mean business.

**Scorpio** Oct. 24 - Nov. 22  
If you trust your instincts and follow your hunches you can achieve great things over the next few days. Creative activities are especially well-starred.

**Sagittarius** Nov. 23 - Dec. 21  
Recent weeks may not have been easy but what happens this week will convince you that a corner has been turned. If you trust fate to guide you it won't be long before you find true happiness.

**Capricorn** Dec. 22 - Jan. 20  
This is no time for regret or remorse. You cannot change what's already happened, you can only learn from it and do a better job next time. Always look forward, never back.

**Aquarius** Jan. 21 - Feb. 19  
What goes right today will be wonderful and what goes wrong won't hurt you in the slightest. You will know instinctively if a gamble is worth taking — and most will be.

**Pisces** Feb. 20 - March 20  
Decide what you want to do, then do it. Yes, some people will kick up a fuss but what can they actually do to stop you? It's your life and it's up to you what you do with it.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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